



Mental Health Statistics

- **1 in 5 Americans** has a mental health condition
- **Only 41% of adults in the U.S.** with a mental health condition received mental health services in the past year
- **50% of all lifetime cases** of mental illness begin by age 14
- **20% of youth ages 13-18** live with a mental health condition
- **Suicide is the 3rd leading cause of death** in young people ages 10-24
- **6.9% of Adults in America (16 million)** live with Major Depressive Disorder
- **Depression is the leading cause** of disability worldwide

